Tested positive for the coronavirus: what then?

Even if you are doing well, you are highly contagious and a threat for other people.

Two weeks of quarantine for you and your family: you are not allowed to leave the house!

What do I have to do?

Do not use the bathroom and kitchen at the same time as other family members.

Eat at different times than the rest of your family.

Take your temperature twice per day, if possible, and write it down daily.

How do I protect my family?

Is a child ill with the coronavirus disease? Any contact with its brothers and sisters must be prevented!

Keep distance from each other.

Use your own towel and change it daily.